

# OMEO REGION NEWS SHEET



Wednesday 4 September

AN OMEOSHIRE LIONS CLUB PROJECT

20 Cents

SERVING ENSAY, SWIFTS CREEK, OMEO. BENAMBRA, DINNER PLAIN.

#### **NEWSHEET ENQUIRIES:**

Email: newsheet@omeo.org.au Phone: 5159 1515 ..... www.omeo.org.au Post: P.O. Box 182 Omeo 3898

#### **Medical Services-Omeo Region**

For URGENT Medical Care call 000
Omeo Medical Centre
Please Phone: 51 590 140
To arrange an appointment
Manday to Friday 8 00am 5 00nm

Monday to Friday 8.00am—5.00pm Pathology: Collection Monday to Friday

8.00 am—9.00am by appointment only

#### OMEO COMMUNITY HUB LUCKY NUMBERS

No 1 ... Petersen's Pekes No 30 ... Cath Short SNAPDRAGONS JOKE

YEAH, I HAD A FEELING IT WOULD NEVER WORK OUT BETWEEN YOU AND THAT PHILLIPS GUY...



#### WEATHER

<b>Wed</b> 9-4	<b>Thu</b> 9-5	<b>Fri</b> 9-6	<b>Sat</b> 9-7	<b>Sun</b> 9-8	<b>Mon</b> 9-9	<b>Tue</b> 9-10	<b>Wed</b> 9-11
3	3			40	3	*	#
19° 7°	21° 14°	23° 18°	17° 9°	15° 7°	14° 8°	18° 6°	19° 8°

# **District Diary**

Wednesday 4th September

Omeo to Bright Bus..departs Omeo 8.00am return 3.20pm Lego Club Omeo Library......3.30pm-4.30pm

**Thursday 5th September** 

Omeo Opportunity Shop Open......11.00am-3.00pm

Friday 6th September

Omeo to Bright Bus...departs Omeo 8.00am return3.20pm

Saturday7th September

AA. meeting 1<sup>st</sup> Saturday of month, CFA rooms ......2.00pm Omeo Opportunity Shop Open......11.00am–3..00pm

**Sunday 8th September** 

Anglican Church ......Ensay 9.00am ..Omeo 11.00am Catholic Prayer Meeting Omeo .....9.00am Winter Golf Comp .....12.00pm

Monday 9th September

Omeo to Bright Bus depart....Omeo 8.00am return3.20pm The High Country Singers Omeo Shire Offices......2-3.30 pm

**Tuesday 10th September** 

Listen with Lorna live radio O.S.C.A.R. fm ...12.00-2.00pm

NB.

One of the shortest will ever read: Being of sound mind, I spent all my money.

Amicus.



Omeo Medical Centre Charles Luiz & Howard Goldburg Please note some days are via telehealth Phone:5159 0140





**"SPEAK TO YOUR** LOCAL PHARMACIST" 186 Day Avenue. Omeo. 3898 PH: 03 51591663 FAX: 03 5159 1686 **AFTER HOURS: 0474 017 705** 

EMAIL: omeopharmacy@gmail.com DELIVERY AVAILABLE









#### Omeo Benambra Football Netball Club

17 hours ago · 🚱

Vote count day. Congratulations to all the award winners:

12 and under Netball

Best and Fairest: Holly Mitchell

Runners up: Liv Symons

17 and under Netball:

Best and Fairest: Ryli Ayton

Runners up: Caitlyn Jones

Junior football

Best and Fairest: Colten Pendergast

Runners Up: Rayden Pooley





Omeo-Benambra has avenged last year's grand final loss to rival high country club Swifts Creek in devastating style. See how it happened

>>> bit.ly/3Xc4GVY



Daily Services between Melbourne - Bairnsdale - Omeo Bairnsdale Depot - Grinters Transport, 16 Lawless Street, Bairnsdale, 3875

**Melbourne Depot** - Vic Freight Specialists, 13B, 13-17 Progress Street, Dandenong, 3175

Omeo Depot – Omeo Welding & Engineering & Equipment Hire, 87 Bilton Street, Omeo, 3898 Phone: (03) 5152 5778 Fax: (03) 5152 3329

Mobile: 0418 516 857 Email:

admin@grinters.com.au
Pallets Parcels

- Livestock . Hay .
- Machinery . Bulk
- ♦ General . Wool
- Refrigerated Freight . Farm Equipment

Leaves 9.30am from Bairnsdale to Omeo



#### Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875 Phone: Maureen 0402 001 593 Jens **0402 006 268** 

Many fabrics to choose from for all your furnishing needs Over thirty years in Business and 76 years' experience in the industry, between us we can help you.

Including car and motorbike seats

- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- Groceries
- ➤ Gas Bottles

➤ Meat

- ➤ Bottle Shop
- Fruit & Veg
- ➤ Post Office
- ➤ Fuel ULP & DSL + Winter Mix
- > Breakfast & Lunch Daily until 2pm
- Fish & Chips Friday Nights 4pm-7pm
  - Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit & Vegetables

Drop in and meet our awesome team to grab a bite to eat or stock up on supplies for your adventure around Sunny Benambra

#### TRADING HOURS

Weekdays 8am - 5:30pm Weekends 9am - 5pm Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing, Mains and solar operated

TV Installation and servicing of both Satellite &" Terry"

Generator - Sales/Hire/Installation/

Mains to Generator changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations Industrial to domestic..

Competitive rates and servicing the Omeo region

Contact Jeremiah on 0418 909 978







Junior LEGO enthusiasts are invited to attend our after– LEGO Club school sessions.

The sessions incorporate freestyle activity and themed construction activities.

#### **Donations Welcome**

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

For more information, phone **51524225** or ask in person at the library about these FREE sessions.



**Omeo Service Centre** 

3.30pm-4.30pm Every Wednesday Except School Holidays

All Children must be accompanied by an adult



# GLASS & GLAZING -

WINDOW REPLACEMENTS

SHOWER SCREENS – ROBE DOORS –
 SECURITY DOORS – FLY SCREENS &
 MORE

Servicing - Ensay, Swift Creek, Omeo, Benambra & Dinner Plain

OFFICE: 51526791

JUSTIN: 0457775168 emailsales@allscreensgippsland.com.au

www.allscreensgippsland.com.au



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Potable Water Cartage
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Small tractors, SXS's, Machinery parts,
Bagged grain and much more.
Reasonable rates

Truck equipped with1,000 KG. tailgate loader
Full tarpaulin if required,
ability to load and unload goods
with 1.6 tonne all terrain pallet jack.
Truck capabilities: 6.tonne, 4x4
Tray size: 5.5 mtrs x 2.4 mtrs.
Flat top trailer 6.3 mtr x 2.5 mtr

Transporting weekly to Omeo and district from Albury/Wodonga Corryong
Orders phoned or emailed by Tuesday
11 am For delivery on Wednesdays

Contact Mark for delivery charges on 0428 264 480

Mark @tectronix.com.au





# NEW RUSH BREWHOUSE

# **Opening Hours**

Friday from 5pm Sunday Breakfast 8am 12pm Sunday Lunch 12- 2pm







#### SUBSCRIBERS PLEASE NOTE

www.omeo.org.au/newssheet

Phonewww.omeo.org.au/newssheet

Phone: 5159 1515

All articles for the newssheet to be in by 12.00 noon on the Monday before publication.
(Wednesday)

Prices for Newssheet Ads are as follows

Full Page A4 \$40

1/2 Page.\$20.00

1/4 Page.\$10.00

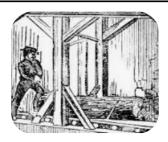
1/8 Page.\$ 5.00

Please state what size you require & How Long /Dates you would like it advertised for.

Thank You



PH: 5159 1515



# For all your timber milling needs

We have years of experience in the trade and we come to your farm with our portable Lucas Mill, we can also do small excavation, pipe laying or farm improvement work.

Please call, Tim Starry on

0457 544 020

# **Hay for Sale**

Round bales
Second Cut Lucerne
\$150 +GST
Stephen Richardson
Swifts Creek
Phone 0407 803 830



#### PAYNES HUT ACCOMODATION

SITUATED ONE HOUR N/W OF OMEO OPENING FOR THE SEASON

FROM 1st OCTOBER 2024



Enjoy some one cooking for you, or cook for yourselves in our outdoor kitchen. visit the website payneshut@skymesh.com.au or phone 0351597255



#### **PHYSIOTHERAPIST**

Robert Hughes is a qualified and extremely experienced
Physiotherapist from
McMillan Chiropractic

Robert will be available at Swifts Creek Bush Nursing Centre Wednesday, 18th September, 16<sup>th</sup> October, 13th November 2024

FOR APPOINTMENTS Please phone 5150 2430 NO GP Referral required.



#### **SWIFTS CREEK BUSH NURSING CENTRE**

T. 03 5150 2430 F. 03 5150 2439 Email. <u>susan.carroll@gha.net.au</u>

17 McMillan Street, Swifts Creek 3896 Open 9am until 5pm Monday to Friday

9am until 11am Weekends

Emergency on-call available after hours

Nursing services: No appointment required.

You are required to pay an annual membership fee or otherwise a non-member fee.

A <u>Rural and Isolated Practice Nurse</u> is available for wound infections.

Assistance with Virtual Emergency consults.

Pathology: Every Weekday, 9am until 9.45am

Women's Health

Ante/Postnatal Care

Suturing

Memberships

Family \$140, Single \$70 due 31<sup>st</sup> July each year

Hire of Equipment

Home visits if required.

24hr Bp monitor

**Immunisations** 

SCBNC
SWIFTS CHEEK
GUSH NURSING
CENTRE INC.

Webpage – <u>https:/</u>

www.swiftscreekbushnursingcentre.com.au

# **Ensay Bush Nursing Centre**

T. 03 51502416 F. 03 51502419 email: <a href="mailto:ensaybnc@gha.net.au">ensaybnc@gha.net.au</a>



5 Great Alpine Road

Ensay, VIC. 3895

Open 9am until 3pm Monday to Friday

or 8.30am-9am and 3-3.30pm emergencies only

Nursing services; No cost No appointment required.

Pathology Monday to Friday 9 am until 10.30 am- No cost. No appointment required

Footcare: Approximately 6 weekly, \$15.00 cost ring for an appointment

Walk and morning tea: 1<sup>st</sup> Friday of each month may include some craft activities, no cost only delicious homemade cakes etc.

**RFDS mental wellbeing:** Fortnightly face to face and telehealth model.

<u>Memberships:</u> \$50.00 family and \$25.00 single due 31<sup>st</sup> of July each year, pro-rata payments accepted for new members.

**<u>AGM:</u>** Occurs on the second Monday of October all welcome, new members to the COM welcome.

Follow us on facebook and our webpage for events and employment opportunities.

WEBPAGE

https:/www.ensaybushnursing.com.au



Date: 6th October Time: 11am till 2pm

Come to 'Dejalis' Benambra park for a Spring Fair with games,
Apple bobbing, Donuts on a string, face painting and more.
All activities covered with a Gold coin donation.
CWA providing BBQ lunch, Cake Stall, Fairy Floss and Popcorn at
a small cost.

#### **CASH ONLY EVENT.**





# **REQUEST FOR TENDER**

The following Tender closes at 12.00pm on Wednesday 18 September 2024:

CON2025 1706

### **Provision of Electrical Services**

Tender documentation is available at tenderlink.com/egipps
Invitees must submit their Tender electronically via TenderLink

For enquiries phone East Gippsland Shire Council on

03 5153 9500



#### SWIFTS CREEK BUSH NURSING CENTRE INC.

ABN: 78 513 040 891

INCORPORATION No A0011271F

#### **ANNUAL GENERAL MEETING**

When: Wednesday 9th October 2024 @ 5.30pm

**Where:** Interested parties may participate in the AGM in person at the Swifts Creek Bush Nurse Centre or Via video

conference on Zoom. If you require the Zoom link please contact the centre.

#### Committee members for renomination

Pauline Canfield -renominating Michael Cawley -renominating

#### Committee member vacancies:

No vacancies at this time

RSVP please Contact: Bush Nursing Centre: 03 5159 4210 or the

SCBNC email: Secretary.scbnc@gmail.com for access to the Zoom link.





# Golf Club Results Sunday 1/9/2024

## 18-hole stableford

## Open to all members & casuals

## 12.30pm for 1pm hit off.....same next week 8/9/2024

<u>Place</u>	<u>Points</u>	<u>Player Name</u>
Winner	29 (on count back)	Andrew Cogger
2 <sup>nd</sup>	29	Pat McCormack
$3^{\mathrm{rd}}$	24	John Reid
NAAGA	16	Daryl Shepherd



Nearest to Pin 7th Nearest to Pin 2<sup>nd</sup> shot 6<sup>th</sup> Andew Cogger Pat McCormack

# **COMMUNITY READING EVENT—(Book Week)**

#### THANK YOU

The Omeo and Swifts Creek Book Week Walk sends a strong and important message to the children of our area, that the wider community embrace the importance of reading and are prepared to invest the time to read to them.

Thank you to the following people who made this possible by so willingly giving up part of their morning to read to pre-school and school students, having fun and helping us to celebrate book week in the High Country.

Carole Pepper, Phil Chapman, Buddah Richards, Sharon Parker, Jason Darby, Daryl Shepherd (Shep), Leanne Stedman, Trudy Anderson and Nat Bricknall.

Also thanks to Omeo Rural & Hardware, Omeo Makers Market, Omeo Community Hub, Swifts Creek General Store, Swifts Creek Community Centre and The Junction Hotel for providing the venues for the book readers.

Schools as Hubs

High Country



# WOMEN'S HEALTH NIGHT

"SCREENING DOWN UNDER"

19th September @ 6pm



Let's talk about Cervical Screening, Breast Screening & Bowel Screening

a Swifts Creek Bush Nursing CentreRSVP please call 5150 2430Childcare, Food & Beverages provided





This project is jointly funded by the Victorian Government and Commonwealth Government under the Commonwealth-State Disaster Recovery Funding Arrangements







